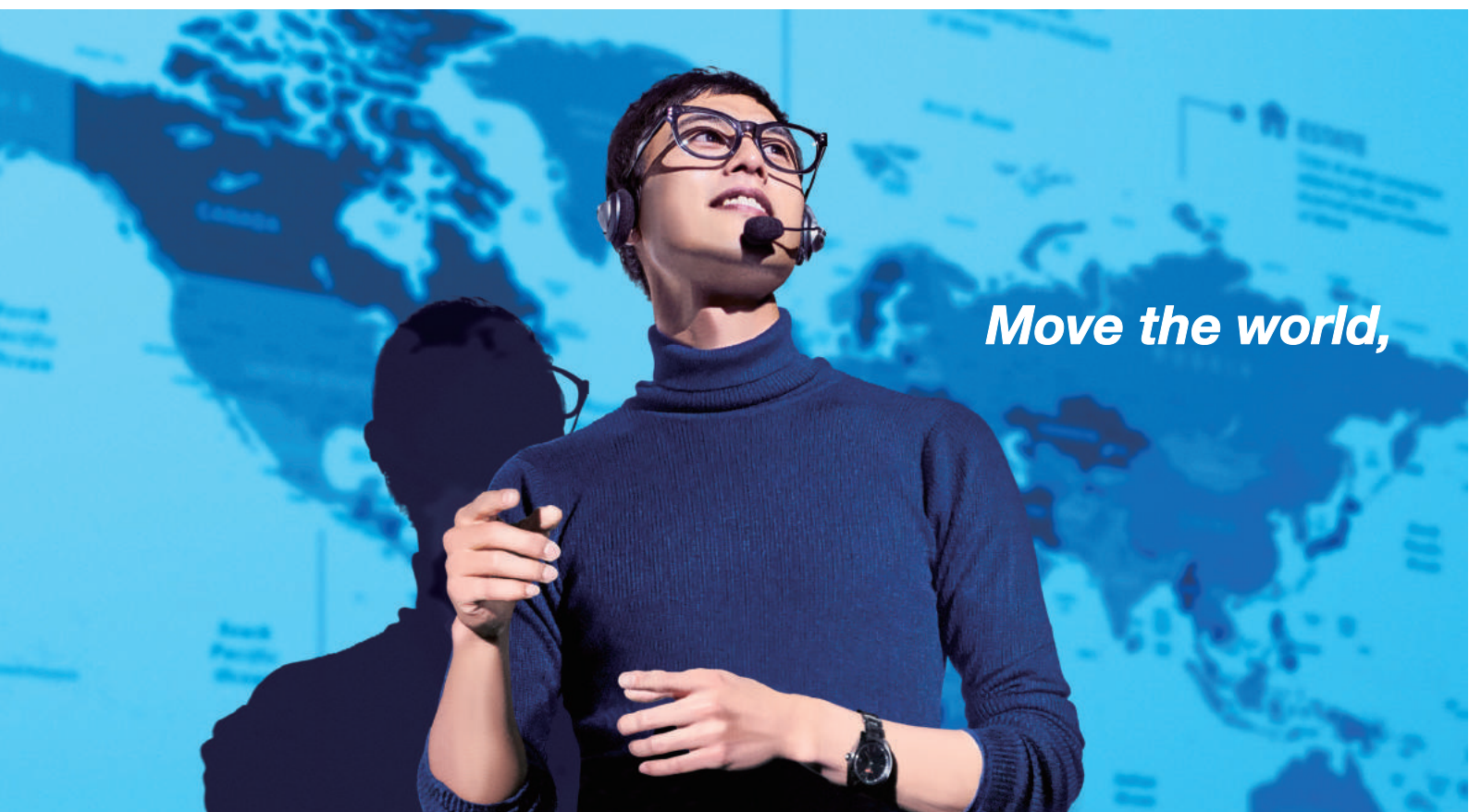




The University of Nagano

Faculty of Global Management Studies/Department of Global Management Studies
Faculty of Health and Human Development/Department of Food and Health Sciences and
Department of Child Development and Education



Faculties and Departments

Faculty of Global Management Studies



Department of Global
Management Studies

170
students

Global Business Course

Students will acquire specialized knowledge to grasp various problems in company management, and develop management skills for problem solving as business leaders and specialists.

Entrepreneurship Course

Students will acquire awareness of societal and regional issues relating to entrepreneurship, and develop the ability to find business opportunities and to plan business creation.

Public Management Course

Students will acquire specialized knowledge of public management to grasp the issues of a local community accurately, and develop the ability to act as leaders of the local community for problem solving.

Faculty of Health and Human Development



Department of Food and Health Sciences

30 students

Students will acquire specialized knowledge of nutritional science, and develop skills to be leaders as health professionals using food to help enhance health.

Available
certifications
and licenses

Eligibility to take national registered dietitian examinations
Nutritionist Class 1 Teaching License, Nutritionist



Department of Child Development and Education

40 students

Students will pursue the best environment and education for child development, and acquire specialist skills and practical abilities to be new leaders.

Available
certifications
and licenses

Nursery school teacher,
Kindergarten Class 1 Teaching License

* The university has applied for recertification of the education course for 2019 in accordance with the amendment of the Education Personnel Certification Act. Depending on the evaluation of the Ministry of Education, Culture, Sports, Science and Technology, the planned start of the education course is subject to change.

How do students at the University of Nagano learn? We develop leaders who play an active part in various fields

Discussion education 100 minute classes

Interactive classes and discussion-based learning is being introduced in the 100-minute classes.



Internships

Students will visit companies in Japan and overseas. The program offers practical activities within various fields during the second quarter of the third year.



Four-quarter system

In addition to making it possible to study intensively in classes twice a week, it allows students to go overseas for study.

APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR
Entrance ceremony/ Enter dormitory	First quarter	Second quarter		Summer vacation		Third quarter University festival	Fourth quarter	Winter vacation	Fourth quarter		Spring vacation

Entrance examination

There is an entrance examination system using the Examination for Japanese University Admission for International Students (EJU). In addition, the university will use the Japan University Examination (JPUE: <https://jpue.jp>) which will be introduced in 2019.

Vision

The University of Nagano aims to serve as a base of knowledge within Nagano Prefecture, to cultivate leaders who will shape the future, to communicate research achievements that will enable sustainable development in the world, and to be a university that can create and develop a better future for humanity.

Mission

The University of Nagano will cultivate leaders who are capable of thinking by themselves, learning by themselves, acting on their own initiative, meeting innovators from all over the world, shaping the future with a global outlook and realizing regional revitalization.

1 Turning out leaders

By means of broad and rich liberal arts education, practice-oriented advanced specialized education, and all around education through dormitory life and overseas training, the university will cultivate leaders with various attributes and abilities to be responsible for a new era.

2 Regional Innovation

By understanding and treasuring abundant nature, long history and tradition of Nagano Prefecture, the university aims to serve as a base of knowledge that will activate industry, culture and lifestyles in the prefecture, and to be open to and proceed with the community.

3 Global Communication

The University will use sound critical thinking to promote interdisciplinary research based on industry and the culture of Nagano Prefecture as well as advanced research, create new knowledge, and return the achievements to the community while also communicating these achievements to the world from Nagano.

In Nagano, we will build a school based on dialogue, like a modern Akademeia.

Education is dialogue. A school once existed in ancient Greece called Akademeia, which set dialogue as its basics – we are building this Utopia here in Nagano.

We will abolish teacher-centered lessons and start lessons of dialogue by discussion.

Aiming at cultivating leaders capable of contributing to the region with a global outlook, all students will stay at the dormitory in their first year to foster their people skills, and participate in an Overseas Program, short-term training overseas, in their second year to broaden their horizons.

Study of business administration; deepened by knowing the unique and world-acclaimed companies in Nagano Prefecture.

Study of the Faculty of Health and Human Development; based on health and longevity as well as nursery in nature unique to Nagano Prefecture.

Professionals and innovators gathering from all over the world.

There are also role models on whom students can project their future selves.

The campus where the students think by themselves and act on their own initiative to realize active learning beyond generations and frontiers.

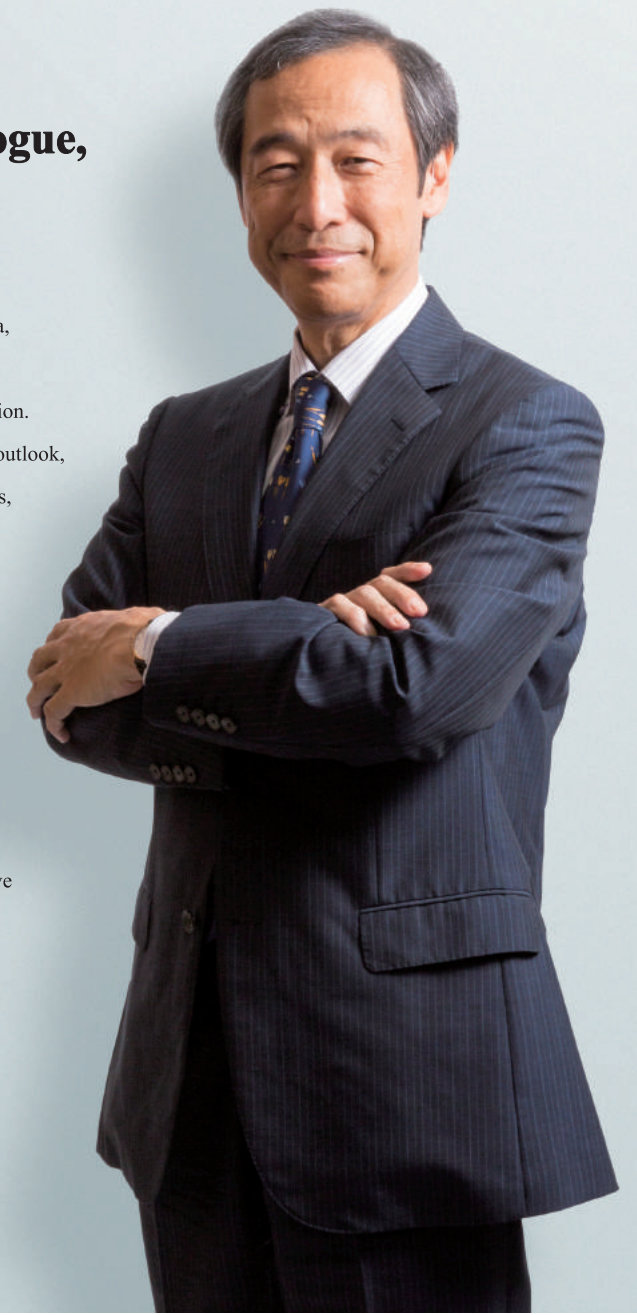
Here, dialogue is revived, and the world starts moving on a grand scale from the University of Nagano as the origin.

President

Masumi Kindaichi

PROFILE

Inaugurated as President in April 2018
Doctor of Literature (The University of Tokyo)



How do students at the University of Nagano learn? We develop leaders who play an active part in various fields

Japanese Language Education

An environment to learn Japanese language in close relationship with teachers and students

There are two courses of Japanese language classes for students from overseas taught by two teachers and exclusively conducted in Japanese. There is also a course on Japanese literature which makes it possible to acquire specialized Japanese education. By sharing real life with Japanese students at the university and in the dormitory, students will learn Japanese culture and customs, not to mention Japanese language.



Zozan Course

Inviting innovators confronting new issues and fostering the strength to face challenge

This course will consist of lectures by various guest speakers including entrepreneurs, managers and government officials. The guest speakers will talk about their aspirations and unique actions. We hope that the lectures will give students an opportunity to start considering their future goals. Moreover, another aim of the lectures is to make students realize, by listening to the stories of the people who are struggling with “real problems without answers”, the necessity of developing the ability to proceed with problem solving by making a hypothesis and trying it out in the field.

* This is an optional course for the Faculty of Health and Human Development.

Communication Seminar

Through new ways of learning develop true academic skills

Unlike the learning style in many high schools of absorbing information, university students need to search for questions, collect information and knowledge, present ideas in writing and presentations, and further discuss and examine these ideas. As preparation, “Communication Seminar” aims at acquiring new skills with a small group of students regardless of faculty and department.



Zozan Dormitory

An educational dormitory where students build independence and social skills in friendly competition

At the University of Nagano all first-year students live in a modern dormitory. Overseas students can also live in this educational dormitory. Living in the dormitory helps students to build independence, social skills and communication skills by learning from and helping one another, as well as encouraging friendly competition. The student dormitory includes an educational aspect, as it provides an opportunity for cross-cultural communication with Japanese students, and career education at Zozan Mirai Juku. Students' thinking is broadened by living together with fellow students, and hearing lectures from various professionals.



For all students in the second year

Overseas Program

This short-term training program will give all second-year students the opportunity to experience study in their major in a foreign country along with foreign language study.

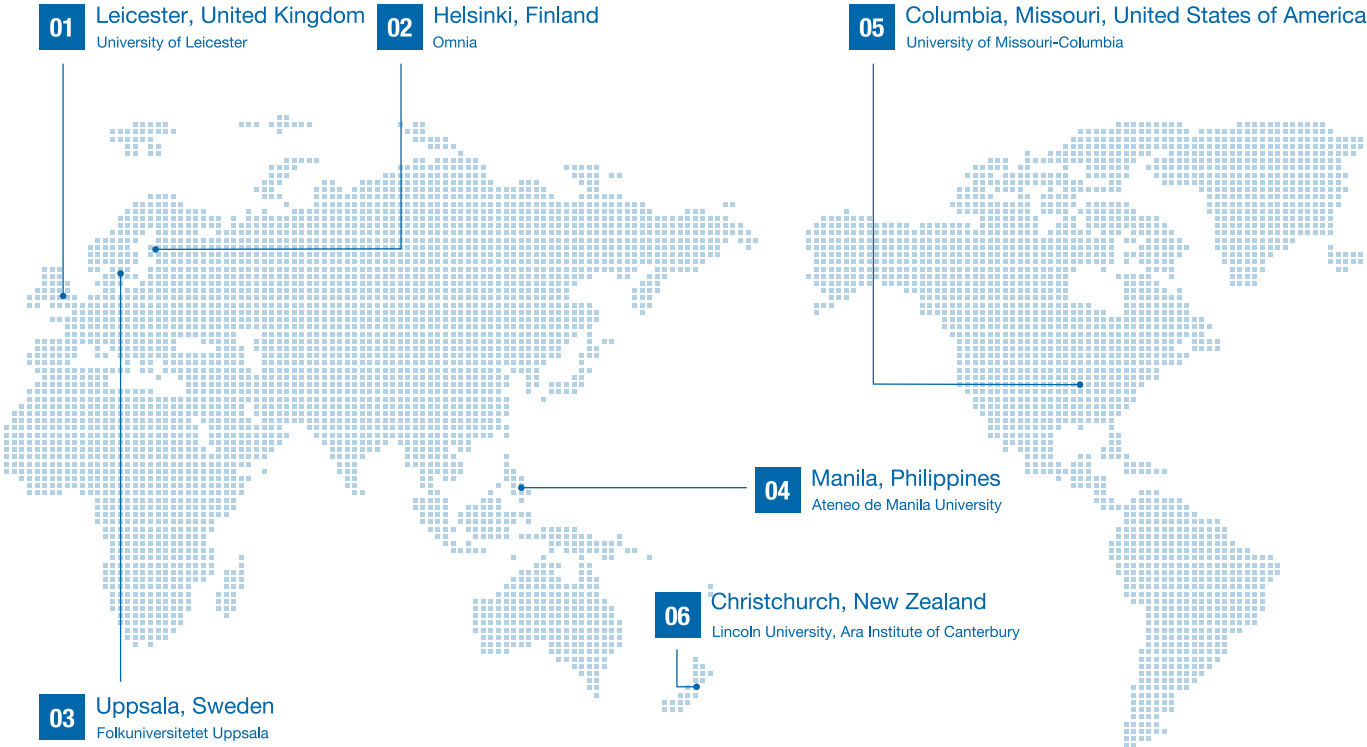
Objectives and Features of the Overseas Program

Study aligned with courses of study and developing a global perspective

Based on the skills developed in their first year, the overseas program aims at, more than language study, but motivating students to study in specialized fields beyond the second year and expanding their horizons.

Developing self-assurance

By experiencing cultural diversity, giving presentations in English and interacting with local students and experts, the overseas program aims to provide students with a better understanding of different cultures, English communication skills and self-assurance for facing problems by themselves. Moreover, as all students will share the same experiences, it aims to give them a sense of independence and ability to cooperate with one another.



01 Leicester, United Kingdom (University of Leicester)

Target	Period	Number of students	Accommodation	Cost (yen)	English language training	Visiting destination of business training (example)
Department of Global Management Studies	3 weeks	30	University dormitory	550,000	45 hours	Privatized local airport, example of conservation and commercial utilization of cultural heritage, local plant of Japanese company

02 Helsinki, Finland (Omnia)

Target	Period	Number of students	Accommodation	Cost (yen)	English language training	Visiting destination of training (example)
Department of Child Development and Education	2 weeks	40	Long-term stay apartment	400,000	Centered on specialized training	To experience the field of preschool education in Finland (training institution for nursery teachers, research institution for preschool education, early childhood education in nature, other local nursery schools)

03 Uppsala, Sweden (Folkuniversitetet Uppsala)

Target	Period	Number of students	Accommodation	Cost (yen)	English language training	Visiting destination of business training (example)
Department of Global Management Studies	3 weeks	30	Private hostel	450,000	45 hours	LCC airport, radioactive waste disposal company, local plant of Japanese company

04 Manila, Philippines (Ateneo de Manila University)

Target	Period	Number of students	Accommodation	Cost (yen)	English language training	Visiting destination of business training (example)
Department of Global Management Studies	3 weeks	30	University dormitory or student hotel	300,000	45 hours	Asian Development Bank, local office of JICA (Japan International Cooperation Agency), local plant of Japanese company

05 Columbia, Missouri, United States of America (University of Missouri-Columbia)

Target	Period	Number of students	Accommodation	Cost (yen)	English language training	Visiting destination of business and specialized training (example)
Department of Global Management Studies	4 weeks	30	University dormitory	600,000	45 hours	Local city office, NPO for entrepreneur support, food bank (NPO for food distribution)
Department of Food and Health Sciences	2 weeks	15	University dormitory	400,000	10 hours ¹	To experience the field of activities of RDN ² overseas (university hospitals, local public elementary schools, training institutions for registered dietitian nutritionists, facilities for the elderly, and local supermarkets), fieldwork on diversity of food culture in New York

¹ General English conversation and specialized knowledge ² RDN is an abbreviation for Registered Dietitian Nutritionist.

06 Christchurch, New Zealand

Target	Period	Number of students	Accommodation	Cost (yen)	English language training	Visiting destination of business training (example)
Department of Global Management Studies	3 weeks	30	Homestay	450,000	45 hours	Dairy products export business-related facilities

Ara Institute of Canterbury

Target	Period	Number of students	Accommodation	Cost (yen)	English language training	Visiting destination of business and specialized training (example)
Department of Global Management Studies	3 weeks	30	Homestay	450,000	45 hours	NPOs, companies, municipalities working for regional development and disaster recovery
Department of Food and Health Sciences	2 weeks	15	Homestay	350,000	20 hours ¹	To experience the field of activities of RDN ² overseas (training institutions for registered dietitian nutritionists, facilities for the elderly, and catering companies)

¹ General English conversation and specialized knowledge ² RDN is an abbreviation for Registered Dietitian Nutritionist.

* Amounts are rough estimates (subject to change due to fluctuations in currency exchange rates in the future). While costs of travel, accommodation and training are included in the amount, costs for insurance, preparation for travel, and lunches are not included. Breakfast and dinner are included in the case of homestays only.

Faculty of Global Management Studies

Developing a global outlook,
the students will mainly study business administration.

Students will be trained to develop a global outlook with a keen sense of entrepreneurship, to go on and become business leaders capable of creating businesses utilizing the resources and personnel of the local community, entrepreneurs who will strive to resolve social or community issues and community leaders who will propose and implement public services.



Faculty of Health and Human Development

The University of Nagano will promote study hand in hand with the community, treasuring the valuable regional assets such as food to form the basis of health and longevity in Nagano Prefecture, and Shinshu-type nurseries in nature. Students of the Department of Food and Health Sciences will acquire qualifications as Registered Dietitian Nutritionists (eligibility to take the national examination), Nutritionists or Nutrition Teachers, while students of the Department of Child Development and Education will acquire a qualification as nursery school teachers or kindergarten teachers to become active leaders with a global perspective in their own specialized fields.



Department of Global Management Studies

Global Business Course



To develop human resources capable of managing a corporate organization utilizing the PDCA (Plan, Do, Check, Act) cycle

A global point of view is required for companies trying to create businesses in Japan today with a decreasing birthrate and aging population. A wide perspective not limited to Japan will create the future. It will open up a secure course which leads to revitalization of Japan.

Potential career path	Manufacturing industry, service industry
	Financial institutions, transportation, power utilities
	Information and communications

Entrepreneurship Course



To develop human resources to start up or succeed in business

What philosophy should guide business ? Mindset as an entrepreneur will be developed by being clearly conscious of one's meaning of existence. It is an unusual course among Japanese public universities that gives a primary significance to controlling of one's mind.

Potential career path	Starting or establishing businesses
	Taking over businesses, revitalizing businesses
	Consulting companies

Public Management Course



To develop human resources to work for regional management in administrative and public organizations

New leaders with a global perspective required for municipalities and local industries aiming at regional revitalization. To cultivate such leaders, a wide range of learning and many instructors with a career in their subject areas will develop an ability of problem-finding in the field.

Potential career path	Administrative organizations
	Public institutes
	NPOs

Curriculum



Business Strategy

Students will study a business strategy focusing on positioning of, and the relationship between companies, the business strategy focusing on accumulation and utilization of management resources and learning of people within companies, with incorporating elements of Game Theory.

Social Business

"Social business" utilizes business techniques to resolve social issues. Students will study the nature of social business by learning its social background, roles and features, and by conducting case studies.

Public Policy

With regard to the public policies implemented by administrative organizations and the public sector, specific cases of policies will be presented. Students will aim to consider "how policies should be formulated", which serve as prior learning for the Public Policy seminar as well.

Department of Food and Health Sciences



On the basis of reliable knowledge and techniques, students will fully master nutrition management required for Registered Dietitian in various fields. The basics will be integrated with seminars and application exercises.

Potential career path

Administrative and educational organizations

Medical and welfare-related

Research and food-related

Curriculum



Career education and professional development for Registered Dietitians

Students will deepen their understanding of the role and mission of Registered Dietitians by learning from the experiences of Registered Dietitians working in various occupational areas.

Basic Nutrition

Beginning with an introduction to nutrition, students will learn about ingestion, digestion and absorption of food, as well as pharmacokinetics of nutrients, while learning lipid nutrition, nutritional sense of water and electrolytes, energy metabolism, and molecular nutritional science.

Department of Child Development and Education



Students will develop the basic ability to become teachers who think comprehensively about the environment for raising children and create better childcare throughout their lives. They will study nursery management to realize multiple ideals with 15 instructors.

Potential career path

Childcare centers, nursery schools, certified childcare centers

Child welfare and education-related

Administrative organizations, NPOs

Curriculum



Seminar in development support

Students will consider the specific nursing methods to improve and enhance the behavior of "children with developmental concerns" who have difficulties with group life and immature somatic sensation in the background, while learning support methodology for their guardians through the practical seminar.

Seminar in early childhood education and care in nature

Students will consider actual activities of children in the relationship with nature to be able to plan and practice early childhood development in nature. Students will experience such activities to examine viewpoints and movements of children as well as movements and considerations of guardians.

Career Center

Career support for students from overseas

To ensure that students will acquire the power to survive throughout their lives, support starts at the moment of enrollment. Systematic and step-by-step support for four years will lead to realization of their dreams. The Center will support students from overseas in career development and internship opportunities within the prefecture, and nationwide.



- A personal support system that respects individuals
- An experienced full-time career counselor to guide four years of study
- Career education that involves government-industry-academia collaboration

Student Support Center

Features of support by the University of Nagano for students from overseas

Students from overseas will receive support for their new life including physical and mental health services, along with assistance in studies and preparation for a career. The Student Support Center also serves as a general point of contact for different issues involving study, dormitory life, and group activities.



Educational advising

Advising for course selection, registration, and support for all aspects of scholastic performance

Support for student life

Support for dormitory life, student life, scholarships, and extracurricular activities

Student counseling

A public health nurse is available for counseling in the Health Management Center.

Center for Social Innovation Initiatives

Effective, sustainable and innovative efforts through corporative activities

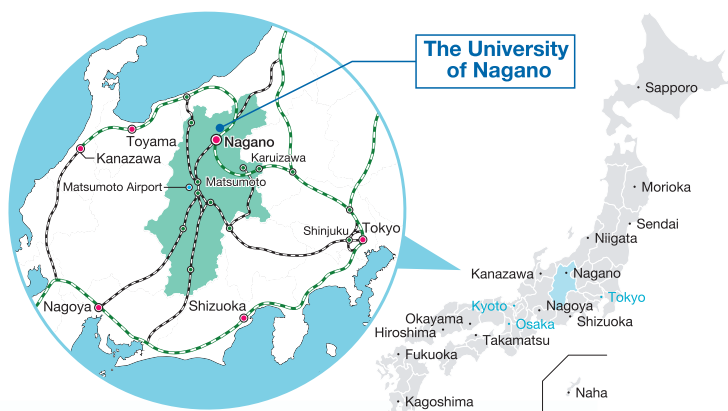
The Center will contribute to creation of a sustainable world in the future by connecting people with intellectual resources in and out of the university, by creating an environment that enables people with aspirations to challenge the solutions to social issues, and by increasing the number of companies and jobs, and thus increasing the number of young people to live and work here.

Global Center and Language Education Center

Support students from overseas and plan overseas program

In addition to language training and international exchange, the Center will provide English and Chinese language assistance for students from overseas, and overall support for the overseas program in which all students participate in their second year. The overseas program is not a short-term language training, but an order-made program for students from each department to acquire specialized knowledge relating to their field of study.

WHERE IS NAGANO?



Study comfortably in Nagano Prefecture where abundant nature and cities are integrated.

The Nagano City train station area is a shopping spot where you can find fashionable clothes, general goods, commodities, and restaurants serving local food.

Elegant and tasteful historical buildings can be found all around the city. It is a very safe place, suitable for living and studying. If you go a little further, you can enjoy the clear air and water, mountain scenery, and tasty food of Nagano Prefecture. Nagano is known within Japan as the prefecture of health and longevity, where hot springs gush freely to gently revive visitors.

Required time from major cities

Tokyo → approx. 1 hour and 30 minutes

Nagoya → approx. 3 hours

Kyoto → approx. 3 hours and 30 minutes

Osaka → approx. 4 hours



Zenkoji Temple

A famous Buddhist temple in the center of Nagano City. It is the largest temple in eastern Japan and referred to as a masterpiece of Buddhist architecture of the mid-Edo period.



Nagano Station area

There are many shops in and around the station where young people can gather.



Matsumoto Castle

The oldest existing five-story castle tower and a national treasure.



Snow resorts

In Nagano Prefecture, there are snow resorts such as Hakuba, Nozawa Onsen and Shiga Kogen that attract people from overseas who enjoy winter sports.